INDUSTRIAL SAFETY N



BI-MONTHLY NEWSLETTER OF NATIONAL SAFETY COUNCIL



Vol. 57 No. 5 & 6

20 Pages



May - June 2025

DG, NSC at NTPC's NOSHE 2025 Conference

(25th June 2025, NOIDA, Delhi NCR)

A two-day NTPC Conference on Occupational Safety, Health and Environment (NOSHE 2025) was organised on 25th – 26th June 2025 at Power Management Institute, NTPC, NOIDA, Delhi NCR. The theme of the conference was 'Creating a Resilient Workplace: Sustainable Health, Safety and Environmental Strategies for a Changing Climate' with an aim to underpin the need for integration & synergy of occupational health with other key aspects of business continuity planning, Environmental, Social and Governance (ESG).



During inaugural function from L: Sumit Roy, DDG, DGFASLI; Dr. Shyam Pingle, Sr. OH specialist; Dr. Lalit R. Gabhane DG, NSC; Gurdeep Singh, CMD, NTPC along with other dignitaries



From R: Dr. Lalit R. Gabhane, DG, NSC; Uttam Lal, Director (Personnel), NHPC Ltd.; Shivam Srivastava, Director (Fuel), NTPC; Anil Kumar Jadli, Director (HR), NTPC

On the invitation of NTPC, Dr. Lalit R. Gabhane, DG, NSC, attended the inaugural function and shared his views as a panelists in the opening plenary session on "Bridging the Gap: Integrating Climate Action and Workplace Health for a Resilient Future". Three other panelists also shared their insights and perspectives.

Concurrently, the exhibition was also organised for vendors and professionals to showcase the latest and the most innovative technologies and solutions.

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SAFECHEM 25 – Process Safety Conference

(26-27th June 2025 in Chennai, Tamil Nadu

The Chemical Industries Association (CIA), Chennai in collaboration with the Indian Chemical Council (ICC), the Federation of Indian Chambers of Commerce & Industry (FICCI) and the Manali Industries Association, organized a two-day conference on **Process Safety** on 26–27th June 2025 in Chennai. The event was attended by over 200 delegates.

On the invitation of CIA, Shri A.Y. Sundkar, Director at the National Safety Council (NSC), delivered a presentation on "Competency Development and Skill Assessment – NSC Approach"



From left: Umesh Dhake, Associate Director, CCPS; A.Y. Sundkar, Director, NSC; Hirak Dutta, Expert Advisor, PNGRB; A.S. Basu, Former Chief Operating Officer, HMEL & Ex CMD, CPCL and Jithesh S.V., GM-Process Safety and Senthil Kumar R., Chief Manager, Cholamandalam MS Risk Services.

during the technical session titled "Build Process Safety Competency and Establish PSM Foundation." The session was chaired by Shri A.S. Basu, Former Chief Operating Officer of HMEL and Ex-Chairman & Managing Director of CPCL, Chennai.

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- Identify opportunities for improvement

Further details write to: safetyaward@nsc.org.in or contact 022-44002841/842 or visit https://nsc.org.in

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Launch of 'Safety360° – A Safety Audit Report Module'

(16th June 2025, NSCI Has., CBD Belapur, Navi Mumbai)

NSC HQs. recently introduced a new digital tool 'Safety 360° to enhance audit report writing process with the use of technology. To provide training on the use of Safety 360° tool, a training program was organised for all NSC officers and external experts at NSC HQs, Navi Mumbai on 16th June 2025.

The training was designed to enhance the consistency, quality, and standardization of safety audit reports generated



A view of NSC Officials and Members of Expert Panel

after the field visit for safety audits. Delivered by NSC's internal technical team, the session included a detailed walkthrough of the SAFETY360 module's features, functionalities, and report structuring capabilities. The program was attended by NSC officers and auditors from the Expert Panel.

This initiative is a step toward NSC's continued commitment to professional excellence, digital transformation, and improving report writing through structured and data-driven reporting mechanisms. The training programs will be extended to all members of the expert panel.

NSC Officers Certified as ISO 45001 Lead Auditors

(28th April – 2nd May 2025, NSCI Has., CBD Belapur, Navi Mumbai)



Seen seated at centre: Dr. Lalit R. Gabhane, DG, NSC to his right Doraiswami, ISO Trainer with NSC officials

The National Safety Council (NSC) continues to strengthen its commitment to occupational health and safety excellence by investing in the capacity building of its technical team.

An exclusive certification program for ISO 45001:2018 Lead Auditor Course in collaboration with IRClass (Indian Register Quality Systems), Mumbai, from 28th April to 2nd May 2025, was organised at NSC Headquarters.

This intensive training and assessment program was attended by NSC's technical officers, all of whom have successfully completed the course and are now certified ISO 45001 Lead Auditors.

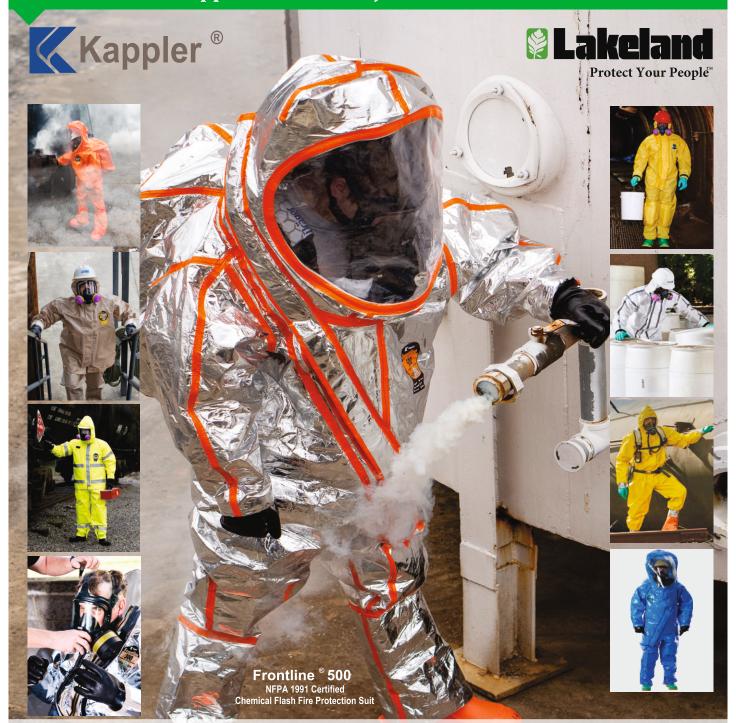
This initiative is a significant step towards enhancing the quality and credibility of NSC's safety audits and consultancy services. With this certification, NSC officers are now equipped with globally recognized auditing capabilities aligned with the ISO 45001 standard for Occupational Health & Safety Management Systems.

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Kappler & Lakeland join forces in India!



Kappler and Lakeland join forces in India to expand high-level hazmat protection

Kappler and Lakeland, two leading protective clothing companies that compete in the U.S., have joined forces to expand chemical worker protection in India. The strategy will combine Kappler's advanced suit technology with Lakeland's position as an established PPE supplier in India. The companies specialize in different sectors of the protective apparel business. Lakeland focuses on coveralls and other apparel for non-life-threatening hazards, while Kappler is the long-time leader in total-encapsulating hazmat suits for fire brigades and other emergency response units.

The unique channel partner strategy will leverage Lakeland's position as an established supplier in India.

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World Environment Day – 2025 Celebrations at Schools



NSC officials with Principal & students of D.Y. Patil Dnyanpurhsa viday Niketan school, CBD Belapur, Navi Mumbai



NSC officials with Teachers & students of Tilak Education Society Junior College, Nerul, Navi Mumbai

Dnyanpushpa Vidya Niketan School in CBD Belapur and Tilak Education Society in Nerul, Navi Mumbai celebrated World Environment Day (WED) on 5th June 2025, with great enthusiasm.

The event saw participation from esteemed officials of National Safety Council (NSC), including Shri R.R. Deoghare, Director, who addressed the students. They highlighted the theme for WED 2025 was 'End Plastic Pollution'. As part of the celebrations, saplings were planted in the surrounding areas, students rally reinforcing the theme's message.

World Environment Day Overview:

- Establishment: Initiated by the United Nations General Assembly in 1972, coinciding with the Stockholm Conference on the Human Environment.
- Global Celebration: Observed every year on June 5th to raise environmental awareness and encourage action for environmental protection.
- Inspiration for Action: Encourages governments, industries, community groups, and individuals to improve their local environments.

National Safety Council's Role

- Initiative: The NSC began promoting WED in 1999 throughout India.
- Appeals: Urges member organisations to participate in WED Celebrations
- Stakeholder Participation: NSC member organisations, municipal corporations, and pollution control boards actively celebrate the day with enthusiasm.



R.R. Deoghare, Director, NSC addressing the students. Seen seated from Left: Ashu Rana, Principal, MM. Shahane, Asst. Director and T.S. Damare, Sr. Estate Officer, NSC

Media Coverage WED 2025 Celebration by Members/Patrons

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शुरुआत कंपनी के प्रेसिडेंट सुनील सचान, कॉमर्शियल हैड अनिल डोत और सभी विभाग-प्रभाग के ष्यक्ष ने कारखाना प्रेशर से कारण बन रहा है, इसलिए विश्व ने कर्मचारियों के साथ पर्यावरण



आसामान में गुल्बारे उड़ा कर पर्यावरण दिवस पर प्यासिटक स्थितरण संस्थाप की प्रतिज्ञा के प्रदूषण को हमने का संकरण लेना ताथ किया गया। इस दीशन मंगलम् है। पर्यावरण को साक और स्वच्छ संस्थान परिसर में 700 पीथे लगाए⁹ बनोने में सहयोग करना है। इसके न कम्मारियों के साथ प्रयोवरण जगानकात और में का रामारेंग किया इस दीवन प्रचार विभाग किया इस दीवन प्रचार विभाग जगानकात सानों के लिए स्टोगन कारण पठ व पोस्टर प्रतिदेशीया की शामित किया वर्णक्रम का संचारन महेंद्र कुमार ने किया पर्यावरण स्टेंग कुमार ने किया पर्यावरण स्टेंग हुमार विभाग के अध्यक्ती अञ्च श्रीवास्तव ने अभ्यन्ति अञ्च भाग और सम्बद्ध भाग में साव्येग करता है। इसके संघ उनीने सार्ग करता हो। इसके संघ उनीने सार्ग कर्रावाहित के। अपने संबोधन में कहा कि किएव अपने संबोधन में कहा कि किएव अपने संबोधन में सहित के अपने संबोधन में समाप्त करने के दुइ संबंधन में से को में गोज्यान साय आगे बढ़ता है। वर्तमान में के बारे में गोज्यान च्यारिटक प्रदूषण का सबसे ब्या

नाटिका का आयोजन

ब्रह्माकुमारी ईश्वरीय विश्वविद्यालय विश्वविद्यालय रामगजमंडीः गरिमा दीदी-उर्मिला दीदी ने नशामुक्ति पर लघु नाटिका का आयोजन किया। कंपनी पदाधिकारी आरपी सिंह, सुनील सनाढ्य, पीके सिन्हा बजरंगलाल, अनुज कटियार दीपेंद्र जोशी और कर्मचारी प्र रहे। एचआर हैड आरपी सिंह ने बताया कि इस वर्ष मंगलम की ओर से 50 हजार पौधे समीप के ग्राम पंचायतों, स्कूलों, आंगनबाड़ी केंद्रों, गोशालाओं एवं अन्य सार्वजनिक स्थानों में जन सहयोग से लगाए जाएंगे। पिछले वर्ष

CONSULTANCY SERVICES

NSC is engaged in a variety of consultancy services, including Conducting Safety Audits, Fire & Electrical Safety Audits, Construction Safety Audits, NSCI Safety Ratings, developing Onsite Emergency Plans, organizing Emergency Mock Drills, etc.

Hindustan Copper Ltd.,

(7-9th May 2025, Khetri, Rajasthan)

NSC undertook assignment of Safety Audit at Hindustan Copper Limited, Khetri, Rajasthan. During audit, their Safety system has been verified as per IS:14489:2018 - Code of Practice on Occupational Safety and Health Audit.



Safety Audit: Kishor D. Patil (centre), Deputy Director, NSC, Divakar Dhande and Shri V. Desai, Members, NSC Experts Panel (2nd & 3rd respectively from right).

Devendra Varma (5th from right), Chief Manager – Metallurgy along with other officials of HCL.

Indian Oil Corporation Ltd., R & D Centre

(27-29th May 2025, Faridabad)



Safety Perception Survey

Seated from R: R. R. Deoghare, Director, NSC; Rajesh Badhe, Chief Manager (PC, Hydrogen, HSE), IOCL; Vaibhav Mehta, Asst. Director, NSC. Seen Manoj Popli, Sr. Manager-HSE and Ramakanta Das, Manager-HSE from IOCL, R & D Centre standing right & left respectively.

M/s SEIL Energy India Ltd. (19-20th June 2025, Nellore, A.P.)

Safety Perception Survey



V.V. More (seated $3^{\rm rd}$ from right) Asst. Director, NSC interacting with the officials of SEIL Energy.



K. D. Patil (in green jacket) Dy. Director, NSC while interacting with the other section officials of SEIL Energy.

CONSULTANCY SERVICES (contd..)

Global Cement and Concrete Association Workshop on Train-the Trainer 13th March 2025

The National Safety Council (NSC), in collaboration with the Global Cement & Concrete Association (GCCA), successfully conducted the second Train-the-Trainer workshop focused on the Contractor Safety Passport, Worker Passport, and Driver Passport Programs.

The workshop was part of an assignment to develop a contractor OSH Capability Assessment system of GCCA's member companies, entrusted by GCCA to NSC.



Safety Audit: Sreenivasa Raju - Vice President – Sustainability, Orient Cement;
Vijay Kumar - Head – Corporate Safety, My Home Industries Pvt Ltd.;
Pankaj Singh - Vice President & Head, Corporate Safety, Adani Cement BU;
Narang VS - Director, My Home Group; Kaustubh Phadke - GCCA India Head;
Akshay Hotkar, Deputy Director & Pratik Kathole, Technical Officer, NSC
and Pashmin Dee - Sustainability Manager, GCCA India

The session was held on June 18,

2025, at **Hotel Novotel**, **Hyderabad**, and was exclusively organized for GCCA member companies.

This workshop aimed to build internal training capacity within organizations by equipping selected participants with the knowledge and tools to cascade safety passport training across their operations. The program emphasized standardized safety induction and awareness for contractors, workers, and drivers to ensure consistent safety practices across the industry.



A view of Group Photo with NSC Officials and participants from GCCA India member companies







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Plot 98-A, Institutional Area, Sector - 15, CBD Belapur, Navi Mumbai - 400 614.
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For details contact :

NATIONAL SAFETY COUNCIL

(Autonomous Society setup by the Ministry of Labour, Govt. of India)

TRAINING PROGRAMMES

Incident Investigation at Konkan LNG Ltd., Anjanwel, Ratnagiri, Maharasthta (24th June 2025,)

The session was delivered by Vikas More (in tie), Assistant Director, NSCI, who provided valuable in sights into systematic approaches, root cause analysis techniques, and best practices in incident investigation. The training aimed to strengthen safety culture and improve response strategies within the organization.





Hazard Identification and Risk Assessment at Fleet Maintenance Unit-V

(10-11th June 2025, Visakhapatnam, A.P.)

The sessions were delivered by Vikas More (at centre in yellow shirt), Asst. Director, NSC to his left Prasad Manoorkar, Member, NSC Experts Panel. The programme aimed to enhance awareness and competency in identifying workplace hazards and assessing associated risks to strengthen

preventive safety measures. Participants from various departments attended the training with enthusiasm.

Hazardous Waste Management & Environment Protection

(12-13th June 2025, NSC Hqs., CBD Belapur, Navi Mumbai.)



The programme was inaugurated and addressed by **R. R. Deoghare** (seated right on dais), Director, NSC, and to his right **Pramod Sane**, Technical Officer, NSC. Their insightful opening remarks emphasized the importance of sustainable practices and regulatory compliance in managing hazardous waste and protecting the environment. The technical sessions were delivered by the experts in the field.

Participants from various organizations actively took part in the training, making it an enriching platform for knowledge exchange and practical learning on environmental safety.

TRAINING PROGRAMMES (Contd.)

NABET Accredited Internal Auditor Course for SHE Statutory Compliance (21-23rd May 2025, NSC Has., CBD Belapur, Navi Mumbai.)



The programme was addressed by **R.R. Deoghare (at centre in green jacket)**, Director and **Vikas More (at centre in grey jacket)**, Assistant Director, NSC. They emphasized the importance of internal auditing in strengthening organizational compliance with safety, health, and environmental (SHE) regulations. The sessions were handled by the experts.

Participants from various sectors attended the training, gaining practical knowledge and auditing skills essential for ensuring statutory compliance and continuous improvement in SHE performance.

UPCOMING NSCI TRAINING PROGRAMMES SCHEDULED FROM JULY TO AUGUST 2025

Sr. No.	Programme Title	Date	Duration	Venue	Fees Per participants (Rs.) plus 18% GST			
1	Leadership Development for Safety and Health	10-11 July, 2025	2 days	Ankleshwar	• NSC Member: 14,300/- • Non- member: 16,500/-			
2	Safety of Gas Cylinders in Factories and Plants	17 July, 2025	4-hrs	Virtual	• 4,000/-			
3	NSCI Certified Scaffold Supervisor	24-25 July, 2025	2 days	Mumbai	• NSC Member: 16,000/- • Non- member: 18,000/-			
4	Workshop on Effective Accident Reporting, Investigation and Analysis	4-5 August, 2025	2 days	Mumbai	• NSC Member: 14,300/- • Non- member: 16,500/-			
5	Electrical Safety - Regulations and Standards	12 August, 2025	4-hrs	Virtual	• 4,000/-			
6	Techniques of Hazard Identification and Risk Assessment in Industries	21-22 August, 2025	2 days	Mumbai	• NSC Member: 14,300/- • Non- member: 16,500/-			
7	Safety Culture and Behavior Based Safety Management - An overview	25 August, 2025	4-hrs	Virtual	• 4,000/-			

For online registration visit https://nsc.org.in. Also new programmes will be posted at NSC's website from time to time

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LEGAL UPDATES:



The Static and Mobile Pressure Vessels (Unfired)(Amendment) Rules, 2025

The Ministry of Commerce & Industry (MoC&I) amended the Static and Mobile Pressure Vessels (Unfired) Rules, 2016 two times during May and June 2025.

On June 06, 2025 (Notification No.G.S.R. 374 (E) dated 5th June 2025)

- In rule 2, new definitions have been inserted, namely: -
 - ♦ Bulk hydrogen compressed gas system and Bulk liquefied hydrogen system defined based on storage capacity and system components.
 - ♦ Terms like Bulk Hydrogen Supply System, Compressed Hydrogen Gas (CHG), Compressed Hydrogen Gas Dispensing station, Green Hydrogen, Electrolyzer, Hydrogen Generation System, and Hydrogen Dispenser Station have been formally introduced.
 - ♦ Definitions added for Startup, Women Entrepreneur, Non-bulk CHCGS, and others.
- Amendments to Existing rules: rule 4, 11,16, 21,22,25,30,31,32,39,46,47,49,50,51,55 & 57.
- Revised Fee Structure has been introduced in schedule I
- After Schedule IV, a new Schedule has been inserted, "SCHEDULE V LH2 STORAGE, HANDLING, TRANSPORTATION, OPERATION, MAINTENANCE AND DISPENSING".
- Forms under this rules has been modified (FORM AS-1, FORM-LS-1B, FORM-LS-1C, FORM-LS-2, FORM-LS-2B) and new forms has been added (FORM LS-1D)

This has been come into force from June 6, 2025.

On June 27, 2025 (Notification No.G.S.R. 422 (E) dated 25th June 2025)

- In rule 13, sub-rule (1), the following has been inserted:
 - ♦ after the letters and figures "AD:2000", it has been inserted, namely:- "ASME BPV Section VIII Division 3".
 - ◆ after the words "Chief Controller", the new terms have been inserted, namely: a. ISO 17081; b. ISO 10587; c. ISO 16573; d. ISO 15330
- In rule 18, after sub-rule (5), it has been inserted, namely:- "(6) The valves for cryogenic pressure vessels of hydrogen must conform to the provisions of ISO- 21011 or any code accepted by Chief Controller.
- In rule 19, after sub rule (6), a new provision has inserted, namely:- "provided that in the case of pressure vessel for hydrogen service, the fitness for service of the pressure vessel must be carried out as per API 579 Assessment Standards along with the relevant provisions of the standards specified in rule 13 or any other standard accepted by the Chief Controller.
- In rule 38, after sub rule (3), it has been inserted, namely:- "the pressure vessel for transport of cryogenic hydrogen must conform to the relevant provisions of ISO 228-1 or ISO 7-1 or any other code as accepted by the Chief Controller."

This has been come into force from June 27, 2025.

LEGAL UPDATES (contd.)

The Explosives (Amendment) Rules, 2025

The Ministry of Commerce and Industry (MOCI) on May 01, 2025, notified the Explosives (Amendment) Rules, 2025 to further amend the Explosives Rules, 2008. The following are the amendments:

- In rule 106, clause (3) has been omitted.
- In rule 112, the followings have been substituted, namely: -
 - ♦ In sub-rule (1), for the words "five financial years" has been substituted by the words "ten financial years",
 - ♦ In sub-rule (8), for the words "five years" has been substituted by the words "ten years".

This has been come into force from May 1, 2025.

The detailed information is given in the Notification No G.S.R. 284(E) dated 1st May 2025.

The Gas Cylinders (Amendment) Rules, 2025

The Ministry of Commerce and Industry (MoCI) has amended the Gas Cylinders (Amendment) Rules, 2025, to further amend the Gas Cylinder Rules, 2016. The following has been stated namely: -

- In rule 2, which states the definition, the following clauses have been inserted
 - after clause (xli), a new clause has been inserted, "(xlia) Micro and Small Enterprises".
 - ♦ after clause (xlvii), a new clause has been inserted, "(xlviia) Startup".
 - after clause (li), a new clause has inserted, "(lia) "women entrepreneur".
- Schedule V has been substituted with "SCHEDULE- V IN SUB-RULE (2) OF RULE 65"

This has been come into force from June 16, 2025.

The detailed information is given in the Notification No G.S.R. 386 (E) dated 9th June 2025.

The Ammonium Nitrate (Amendment) Rules, 2025

The Ministry of Commerce and Industry (MoC&I), on June 09, 2025, issued the Ammonium Nitrate (Amendment) Rules, 2025, to further amend the Ammonium Nitrate Rules, 2012. This shall come into force on June 09, 2025. The following has been stated namely: -

- In rule 2, the following definitions have been inserted namely:
 - ♦ (na) "Micro and Small Enterprises" means an enterprise defined in clause (h) and clause (m) of section 2 of the Micro, Small and Medium Enterprises Development Act, 2006;
 - ◆ (t) "startup" means an entity registered with the Department for Promotion of Industry and Internal Trade, Ministry of Commerce and Industry and as defined in clause (a) of Paragraph 1 of the Notification number G.S.R. 127(E), dated the 19th February, 2019, and as amended from time to time.
 - (u) "women entrepreneur" means an enterprise owned and controlled by a woman having a minimum financial interest of 26 percent of the capital."
- In rule 29, the sub-rule (1) has been substituted by sub-rule (1), (1A), (1B) and table about types of fee and fee applicable to Micro and Small Enterprises and Women Entrepreneur have been introduced.

The detailed information is given in the Notification No G.S.R.. 377(E) dated 9th June 2025.



DRIVING TIPS IN RAINY SEASON

Mental preparedness:

- Enjoy monsoon
- Expect all unexpected
- Cool mind is going to help you
- Expect traffic jams, diversions, potholes, waterlogging
- Anticipation level should be very high
- Keep buffer in time management
- Keep hard cash, ATM may not be working

Vehicle checks:

- Rust proof coating at bottom
- Wax coating for body
- Remove water plugs from bottom of a car
- Apply some oil to the key and insert at all locks, Jack-Tommy
- Servicing of brakes, make brake liners and drums rough
- Rims should be rust free
- Check Tyre pres-sure at mornings
- Tyres should be checked for wear and tear
- Check water level for wind shield sprays-

add light shampoo

- tanks full Density effect
 top up at
 mornings
- Check wipers whether water is being dispensed from wind screen
- Check for wipers different speeds
- Be seen by others- check brakes, reverse, side indicators lights
- Retro reflective tapes are useful
- Keep fast moving spares like fuel filter, head light bulbs, fan belt and starting fuse.
- Check tool kit, spare tyre (Stepney) in the Boot

Care:

- Plastic cover for documents
- Keep drinking water, snacks for delays
- Keep a plastic bag for umbrellas
- Mobile should be fully charged, keep charger
- Better to cover vehicle by plastic sheets after parking

Recommendation:

- Check fire extinguishers validity
- Check first aid box
- A hammer in glow box for emergency glass breakage

Safety in Driving:

- Twi light or during rain put on tail light. Do not use hazard Flashers
- Keep A/C flow on wind shield
- Use defogger/ defroster / demister
- Adjust head lights for visibility
- Clean head lights, backlight covers at every interval
- Expect skidding problem, less traction because of mud, oil, tree leaves.
- Pumping brakes will help
- In hilly area keep yourself bit away from hill
- Take more care at blind turnings
- Centrifugal Force acts while turnings, gear down and then proceed
- Momentum acts after braking, keep safe buffer in 2 vehicles
- keep 4 second distance between you and front vehicle (Recommended in Monsoon)
- Space Management and Time

management should match

 Remember Rule 1- 1-1 i.e. if you travel at 1 KMPH, then you travel 1 feet in one second

Beware:

 Do not enter in water if silencer touches water level, after getting out pump

brakes to warm up liners

- Follow front vehicle's rear tyres
- Rats, snakes find rest underneath bonnetuse repellent
- Drive at minus 10 i.e. lesser than the desired speed
- Do not drive in heavy rains. Seek shelter
- Expect hydroplaning-front wheels get lifted, reduce speed immediately
- Do not change lanes suddenly to avoid potholes
- Maintain lane discipline
- Foggy weather- put on head light in dipper condition
- Operate front door glasses up and down as wipers

Avoid:

- Avoid road side junk food
- Avoid smoking while driving
- Avoid drinking and driving
- Avoid Mobile usage while driving

By - Shri Vinayak Joshi, Helekar's Defensive Driving Advisor (Mobile - 9820098493)

CONJUNCTIVITIS (PINK EYE)

In India, conjunctivitis is most prevalent during the monsoon season (June to September). This is due to the humid and damp conditions that favour the spread of bacteria and viruses, which causes eye infections. The following are some tips to protect yourself from conjunctivitis.

PINK EYE IS OFTEN HIGHLY CONTAGIOUS

IT CAN BE CAUSED BY

- Viruses (very contagious)
- Bacteria (very contagious)
- Allergens, like pollen (not contagious)
- Irritants, like smoke or dust (not contagious)

HEALTHY EYE



INFECTED EYE





SEE A DOCTOR IF YOU HAVE A PINK EYE ALONG WITH ANY OF THE FOLLOWING

- Eye pain
- Sensitivity to light or blurred visions
- Intense eye redness
- Symptoms that get worse or don't improve
- A weakened immune system, for example form HIV or cancer treatment
- · Pre-existing eye conditions

SYMPTOMS USUALLY

INCLUDE:

- Pink or red eyes
- Gritty feeling in eyes
- Itchiness, irritations, or burning
- Watery eyes
- Discharge
- Swelling in eyelids
- Crusting of the eyelids or eyelashes usually in the morning
- An urge to rub the eyes
- Contact lenses if wearing don't stay in a single place.

A doctor can usually diagnose the cause of pink eye based on symptoms and patient history



Newborns with symptoms of pink eye should see a doctor right away

PROTECT YOURSELF AND OTHERS FROM PINK EYE - TIPS

- Wash your hands often with soap and water, and help young children do the same. Wash hands especially well after touching someone with pink eye or their personal items
- Avoid touching or rubbing your eyes. This can worsen the condition or spread it to your other eye
- Avoid sharing personal items, such as makeup, eye drops, towels, bedding, contact lenses and containers and eye glasses
- Do not use the same eye product for your infected and non-infected eyes
- Stop wearing contact lenses until your eye doctor says it's okay
- Clean, store and replace your contact lenses as instructed by your eye doctor

Source: www.cdc.gov/

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VIETNAM

SAIGON EXHIBITION AND CONVENTION CENTER (SECC)

STALL NO: L 01

2 Wire Transmitter GT-1033-FLP



Smart Gas Transmitter



Smart Gas Detector GT-2500-WP



Smart Gas Detector GT-2511-FLP



Smart Gas Detector 2/3 Channel GT-5022-FLP



Smart Gas Detector 3/4 Channel GT-6022-FLP



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SAFETY PUZZLE - 27

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Circuits Overheat Electricity Sockets Extinguishers **Tagout** Lockout Water Switch Danger Warning signs Safety Resistance Wires Damaged insulation Dry **Electrical Fires Sparks** Hazards Voltage Nonconductive gloves Wet



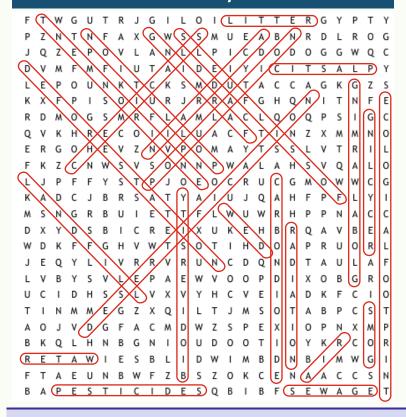
Instruction to readers

The words may be searched horizontally, vertically or diagonally either forwards or backwards, but always in straight lines. Use a ruler to cross them through as you find them.

Kindly scan the QR code to download the PDF file

Please send your solved puzzle to chronicle@nsc.org.in The name with photo of first three correct entries will be published in the next issue.

Answers to Safety Puzzle 26



Congratulations for Answer to puzzle No. 26



A. Selva Sesu Rajesh Personal Secretary Q AND Q SOLUTIONS INDIA Pvt. Ltd., Coimbatore, T.N.



Swapnil AdhavSafety Officer
Mechanical Engg. Dept.,
Mormugao Port Authority
Goa



Balaji M. Safety Officer Lime Products Pvt. Ltd. Tuticorin, T.N.

Edited, printed and published by A. Y. Sundkar, Director, National Safety Council at Plot No. 98A, Sector 15, CBD Belapur, Navi Mumbai-400 614. Tel.: 4400 2800 | Email : admin@nsc.org.in | Website : https://nsc.org.in | Chief Editor : Dr. Lalit R. Gabhane, Director General, National Safety Council.

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